

## Books for children

*Accept and value each person* **by Cheri J. Meiners.**

Introduces diversity and related concepts: respecting differences, finding similarities and appreciating people the way they are.

*Being fair* **by Cassie Mayer.**

Presents everyday situations that are fair or unfair and provides an opportunity to discuss these concepts.

*Cleversticks* **by Bernard Ashley.**

Ling Sung feels he can't do the things some of the other children can do...until he discovers that he can do something extra special which no-one else can do.

*Don't squeal unless it's a big deal: a tale of tattletales* **by Jeanie Franz Ransom.**

A classroom full of piggies learns the difference between tattling and reporting a serious problem.

*Every buddy counts* **by Stuart J. Murphy.**

A sleepy child cheers herself up by counting her buddies.

*From far away* **by Robert Munsch.**

Based on a series of letters received from Saoussan Askar who was born in Lebanon and immigrated to Canada. Details her challenges as a newcomer in a strange and sometimes scary place.

*Glad monster, sad monster: a book about feelings* **by Ed Emberley and Anne Miranda**

Shows monsters experiencing various emotions and gives examples of the things that make them feel that way. Each emotion is represented as a mask.

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*The great big book of feelings* **by Mary Hoffman.**

This book explores all kinds of feelings from joy to curiosity to jealousy and anger and how to make oneself feel better when overcome with a particular feeling.

*Have you filled a bucket today? A guide to daily happiness for kids* **by Carol McCloud.**

This book attempts to show children very easy and rewarding it is to express kindness, appreciation and love.

*Hey, little ant* **by Phillip Hoose and Hannah Hoose.**

What would you do if the ant you were about to step on looked up and started talking? Would you stop and listen? That's what happens in this funny, thought-provoking book.

*How full is your bucket? For kids* **by Tom Rath and Mary Reckmeyer.**

Felix notices that every interaction he has with others either fills or empties his bucket, and that everything he does and says fills or empties the buckets of those around him.

*How to be a friend: a guide to making friends and keeping them* **by Laurie Krasny Brown and Marc Brown.**

There are many ways to show you want to be a friend. This book provides advice on making friends and how to treat your friends.

*It's okay to be different* **by Todd Parr.**

Tips to enhance self-esteem and self confidence and advises us to embrace our individuality and accept others as they are.

*The little red hen makes a pizza* **by Philemon Sturges.**

A retelling of the classic tale wherein an industrious hen makes food with no help from her lazy friends.



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*Lots of feelings* **by Shelley Rotner.**

A photographic concept book that emphasizes the feelings that people have in common.

*The name jar* **by Yangsook Choi.**

When Unhei moves from Korea to the US her classmates have difficulty pronouncing her name. Will Unhei decide to choose a new name?

*Not fair, won't share* **by Sue Graves.**

Miss Clover asks the children to share and take turns but sharing proves very difficult...Will the children be able to calm down and work it out?

*Ordinary Mary's extraordinary deed* **by Emily Pearson.**

You'd never guess Ordinary Mary could change the world, but her caring act sets off a chain reaction of kindness that multiplies.

*The skin you live in* **by Michael Tyler.**

It's great to be YOU in your wonderful skin, no matter which hue, you are still you!

*Who took the cookie from the cookie jar?* **by Bonnie Lass & Philemon Sturges.**

Adaptation of the well-loved song featuring animals from the American southwest, including a skunk!

*Wilfrid Gordon McDonald Partridge* **by Mem Fox.**

When Wilfrid finds that Miss Nancy has lost her memory he determines to discover what memories are so he can return it to her. A warm book about intergenerational friendship.

*Willow finds a way* **by Lana Button.**

When Willow's bossy classmate uninvites some children from the party, Willow finds the strength to speak up.



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*Cool down and work through anger* by **Cheri J. Meiners.**

This book is designed to help children understand angry feelings and gives suggestions for coping with anger.

*The juice box bully : empowering kids to stand up for others* by **Bob Sornson and Maria Dismondy.**

Pete learned all about bullying at his last school. Now it's up to the kids at his new school to teach Pete they will not be bystanders to bullying and to help him learn how to resolve conflicts peacefully.

## Books for adults

*The bully, the bullied, and the bystander: from pre-school to high school.* by **Barbara Coloroso.**

A guide to the subject of bullying drawing on wide experience in the areas of conflict resolution and reconciliatory justice.

*The compassionate classroom: relationship based teaching and learning* by **Sura Hart and Victoria Kindle Hodson.**

A practical guide for creating emotionally safe learning environments.

*Don't pick on me: help for kids to stand up to & deal with bullies* by **Susan Eikov Green.** 10 minute activities intended to build self-confidence and help children learn to stand up to bullying behaviour.

*Seen & heard: children's rights in early childhood Education* by **Ellen Lynn Hall and Jennifer Kofkin Rudkin.**

Using examples from a Reggio-inspired school, discover the importance of children's rights and our responsibility as adults to hear their voices.

*Socially strong, emotionally secure: 50 activities to promote resilience in young children* by **Nefertiti Bruce and Karen B. Cairone.**

This book is a guide to promoting emotional resilience.



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